

2017 CSU Bakersfield Cross Country Results (as of 1/10/18)

Time	CSUB Finish	Overall Finish	Date	Meet	17:34.8	1st	1st	9/30/17	Mustang Challenge 5k
					20:54.6	1st	16th	10/14/17	Santa Clara 6k
					17:20	1st	6th	10/28/17	WAC Championships
					21:08.8	1st	74th	11/10/17	NCAA West Regional
Alyssa Diaz (5k PR - 20:03.7 - 9/30/17)									
17:11.6	5th	37th	9/1/17	Pepperdine 4k					
20:26.7	4th	28th	9/9/17	Fresno State 5k					
20:03.6	4th	18th	9/30/17	Mustang Challenge 5k					
19:43	4th	50th	10/28/17	WAC Championship					

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Alejandra Frausto (5k PR - 19:14.6 - 9/30/17)				
16:56.1	4th	33rd	9/1/17	Pepperdine 4k
19:43.9	3rd	21st	9/9/17	Fresno State 5k
19:14.6	3rd	12th	9/30/17	Mustang Challenge 5k
22:40.7	3rd	116th	10/14/17	Santa Clara 6k
19:04	3rd	42nd	10/28/17	WAC Championship
23:53.3	3rd	220th	11/10/17	NCAA West Regional

SEPTEMBER

1	at Pepperdine Invitational 4k	0-5
	Avg. Time: 16:19.8	
9	at Fresno State Invitational 5k	4 of 5
	Avg. Time: 19:58.1	
30	at Mustang Challenge 5k	3 of 4
	Avg. Time: 19:10.9	

Sonia Holguin (5k PR - 20:25.2 - 9/30/17)				
16:35.1	3rd	25th	9/1/17	Pepperdine 4k
21:38.9	5th	34th	9/9/17	Fresno State 5k
20:25.2	5th	21st	9/30/17	Mustang Challenge 5k
24:55.4	4th	156th	10/14/17	Santa Clara 6k

OCTOBER

14	at Bronco Invitational 6k	18 of 21
	Avg. Time: 23:25.2	
28	at WAC Chamionship 5k	6 of 8
	Avg. Time: 19:14.00	

Ariana Mariscal (5k PR - 19:51.1 - 9/20/14)				
18:53.0	4th	38th	9/1/16	Pepperdine 4k

NOVEMBER

10	at NCAA West Regional 6k	Seattle, WA
	Avg. Time: N/A	No Team Score

Genny Medina (5k PR - 21:02.6 - 9/30/17)				
17:42.9	6th	39th	9/1/17	Pepperdine 4k
21:02.6	6th	24th	9/30/17	Mustang Challenge 5k
26:41.6	5th	160th	10/14/17	Santa Clara 6k
21:04	5th	53rd	10/28/17	WAC Championships

Kim Ortiz (5k PR - 24:40.6 - 9/28/14)				
25:24.2	9th	---	9/30/17	Mustang Challenge 5k

Paradise Pelzer (5k PR - 18:35.9 - 9/30/17)				
16:00.4	2nd	19th	9/1/17	Pepperdine 4k
19:42.8	2nd	19th	9/9/17	Fresno State 5k
18:35.9	2nd	7th	9/30/17	Mustang Challenge 5k
22:31.2	2nd	108th	10/14/17	Santa Clara 6k
18:59	2nd	39th	10/28/17	WAC Championships
23:02.5	2nd	198th	11/10/17	NCAA West Regional

Stephanie Perez (5k PR - 23:12.6 - 9/30/17)				
23:12.6	8th	---	9/30/17	Mustang Challenge 5k

Heather Segrest (5k PR - 22:56.7 - 9/30/17)				
20:37.3	7th	44th	9/1/17	Pepperdine 4k
23:31.3	6th	37th	9/9/17	Fresno State 5k
22:56.7	7th	24th	9/30/17	Mustang Challenge 5k
22:35	6th	55th	10/28/17	WAC Championships

Angel Valdez (5k PR - 17:34.8 - 9/30/17)				
14:55.5	1st	3rd	9/1/17	Pepperdine 4k
18:18.2	1st	6th	9/9/17	Fresno State 5k